



Heart Rate Monitor Sensor SKU: SEN0213

From Robot Wiki



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Introduction

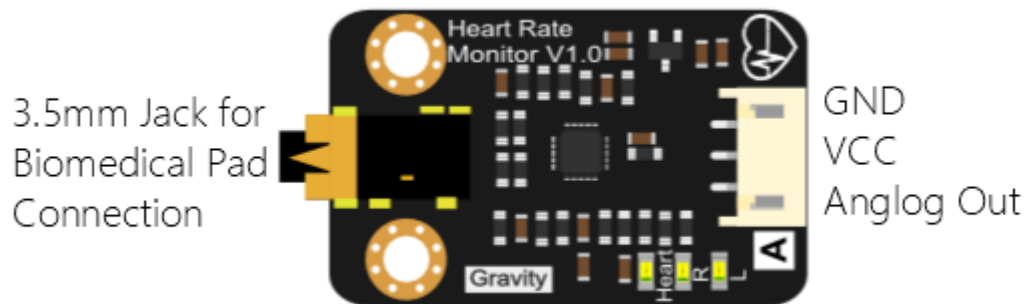
The **DFRobot Heart Rate Monitor Sensor** is used to measure the electrical activity of the heart. This electrical activity can be charted as an **ECG** and output as an analog reading. An ECG signal can be extremely noisy so we have included an AD8232 chip on the PCB which will provide a clear signal from the PR and QT Intervals. Using the Arduino IDE "Serial Plotter" feature you are also able to view plotted ECG output on your PC!

Please Note: This product is NOT a medical device and is not intended to be used as such or as an accessory to such nor diagnose or treat any conditions.

Specification

- Input Voltage: 3.3 - 6V (5V recommended)
- Output Voltage: 0 - 3.3V
- Operating current: <10mA
- Dimension: 35 x 22(mm), 1.378" x 0.866"(in)
- Interface Type: PH2.0-3P

Board Overview

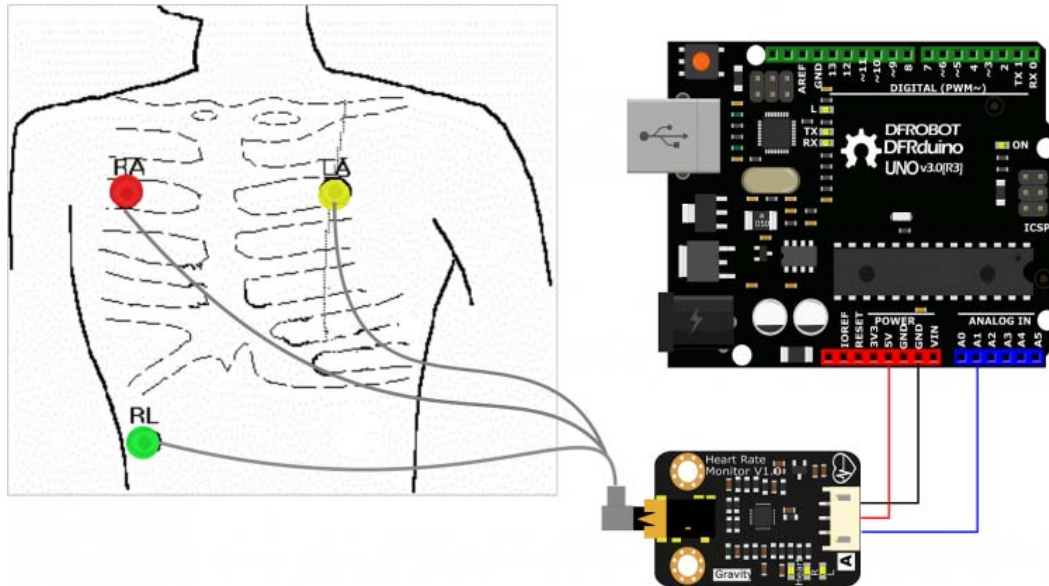


Tutorial

Requirements

- **Hardware**
 - DFRduino UNO (or similar) x 1
 - Heart Rate Monitor Sensor x 1
 - Sensor cable - Electrode Pads (3 connectors) x 1
 - Biomedical Sensor Pad x 1
 - Jumper wires
- **Software**
 - Arduino IDE V1.6.6 or above, [Click to Download Arduino IDE from Arduino®](https://www.arduino.cc/en/Main/Software)
 - <https://www.arduino.cc/en/Main/Software>

Connection Diagram



NOTE: An ECG signal can be quite noisy because of muscle activity. The further sensor pads are from the heart, the more muscle noise you will see. To improve the signal quality, follow these simple tips:

- Keep sensor pads as close to the heart as you can
- Make sure the RA and LA sensor pads are on correct sides of the heart
- Try not to move too much while taking a measurement
- Try to use fresh pads for each measurement. The pads lose the ability to pass signals with multiple applications
- Prepare and clean the area you plan to stick pads. This will help make a good connection (hair is not a good conductor)
- You may have to adjust sensor placement for different individuals

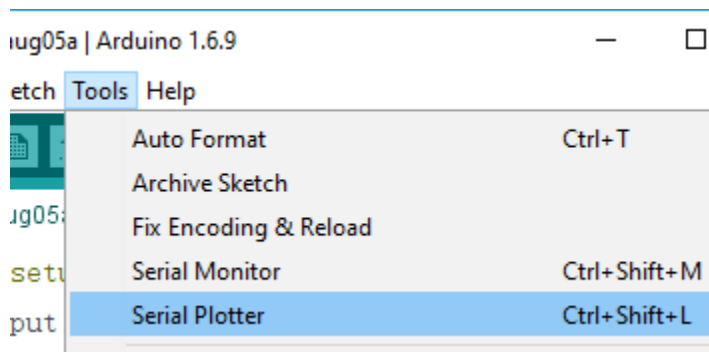
Sample Code

```
1 /*!  
2 * @file HeartRateMonitor.ino  
3 * @brief HeartRateMonitor.ino Sampling and ECG output  
4 *
```

```
5 * Real-time sampling and ECG output
6 *
7 * @author linfeng(490289303@qq.com)
8 * @version V1.0
9 * @date 2016-4-5
10 */
11 const int heartPin = A1;
12 void setup() {
13   Serial.begin(115200);
14 }
15 void loop() {
16   int heartValue = analogRead(heartPin);
17   Serial.println(heartValue);
18   delay(5);
19 }
```

Expected Result

1. Open the Arduino IDE 1.6.6 (or above) "Serial Plotter";



Open "Serial Plotter"

2. Then you could see the output signal from the microcontroller - A1 port, the ECG.



Sample output of this sensor

NOTE: If you found there was a lot of jamming waveforms, they may come from the body's static electricity. Touch something metal to discharge any static electricity.
[More read on WikiHow.](#)